



home services

CONTINUING CARE SERVICES

Community Services

Custodial in-home care is not a Kaiser Permanente benefit. Fees are charged for these services. This information is compiled from public sources or provided by the resources listed. Unless specifically identified as a Kaiser Permanente resource, there is no legal relationship or financial interest in any listed service. Kaiser Permanente makes no representations or judgments and assumes no responsibility for the quality of care provided by any service included. Members are encouraged to contact providers and agree upon terms and rates before accepting services. This should not be relied upon as an authorization for payment. Please contact Member Services at 1-800-464-4000 if you have any benefit or coverage questions.

* Indicates agency can do medication set up

COUNTY: In Home Supportive Services (IHSS)	800-339-4661
Comfort Keepers (KP contracted vendor, 2-hr min, KP discount)	619-795-6036
www.comfortkeepers.com	866-450-3322
CareLinx (KP contracted vendor).....	855-271-2656
www.carelinx.com/kp-affinity	
1 st Meridian Home Care	858-529-1886
www.1stmeridiancareservices.com	760-659-7979
A Better Solution In Home Svs (No minimum hours per day)	877-585-9011
www.absihc.com	
A United Home Care, LLC.....	619-373-3533
United Care (usunitedcare.com)	
AALL CARE In Home Services (4-hour minimum)	619-297-9601
North County.....	760-471-7033
www.aallcare.com	
Accent Care (4-hour minimum per day)	619-543-1660
www.accentcare.com	760-744-4064
All Heart Home Care	619-736-4677
https://allhearthomecare.com	
All Valley Home Care (4-hour minimum)	619-276-8001
.....	760-735-8899

<http://continuingcare-sandiego.kp.org>



Always Best Care.....	858-880-7002
www.alwaysbestcaresandiego.com	
At Your Home Family Care (2-hour minimum)	858-625-0406
www.atyourhomefamilycare.com	888-326-2273
Attentive Home Care (20 hr/wk minimum)	619-287-1300
www.attentivecare.com	(North County)..... 760-434-2172
Biohazard Cleanup Services	858-527-1144
https://www.servprosortentovalleyuniversitycity.com/biohazard-cleaning	
Casa Companion.....	858-326-5924
https://www.casacompanionhomecare.com	
Constant Companions (20 hr/wk min)	858-722-9352
www.constantcompanions.net	888-883-8393
Coast Care Partners.....	619-354-2544
https://coastcare.org	
Family Matters (4-hr min, Certified Dementia Caregivers)	760-909-2007
https://familymattershc.com/	
*Firstat Nursing Services (12-hour minimum).....	619-220-7600
www.firstatofsandiego.com	
Heritage Senior Care	800-562-2734
www.heritageseniorcare.com	
Harmony Environmental Services	888-623-4191
www.sdhazmat.com	
Home Care Placement	858-412-5725
www.homecareplacement.com	
Home Instead Senior Care	619-460-6222
North County (Vista)	760-639-6472
www.homeinstead.com	858-277-3722
Honored Hearts Home Care.....	619-738-3551
https://honoredheartshc.com	
*La Jolla Nurses Home Care (normally 8-12hours minimum)	833-395-5755
www.lajollanurseshomecare.com	
Love 2 Live (4 hr/Day, 12 hr/wk minimum)	619-291-4663
www.love2livecare.com	
MAXIM Companion Services (6-8 hour minimum)	619-298-7548
www.maximhomecare.com/companion	
Momentra Care.....	619-330-7611
https://momentracare.com	

Salus Homecare	858-278-1335
www.salushomecare.com	888-725-8742
San Diego Homecare (4-hour minimum)	858-775-7761
www.sandiegohomecare.com	
Senior Helpers (3-hour minimum)	619-450-4686
www.seniorhelpers.com/ca/san-diego-county/	
TLC Xtreme Clean Outs LLC	619-432-7289
https://tlcxtremecleanouts.com/	

Kaiser Permanente does not endorse or recommend any one provider. Members are strongly encouraged to contact providers and agree upon an acceptable rate before receiving services.

For corrections or additions to this handout, please call (619) 641-4456